



COMMUNITY ENGAGEMENT FORUM APPLICATION FORM

Application process

This form should be used to apply for funding from any of the five Community Engagement Forums.

Before completing this form, please ensure you check the project funding criteria and application guidance form. You can also get support with completing the application by e-mailing cefadmin@selby.gov.uk. Whether you are applying for a small grant or project funding you will need to complete section 1 and 3 of this application form and then either a grant information form or a project brief in section 2.

This is an application only and will be subject to an assessment process – we cannot guarantee support. The Community Engagement Forum Partnership Board will consider every application received. Please see the decision making flowchart to understand the process your application will go through.

After completing and saving, please send the Word form by email to cefadmin@selby.gov.uk. We would prefer not to receive applications by post, please.

We will let you know if you have been successful by email unless requested in writing.

Which Community Engagement Forum is this application to?

Please indicate which Community Engagement Forum this application is being submitted to (when applying to more than one CEF you will need to complete a separate application form for each CEF).

Central CEF	
Eastern CEF	
Southern CEF	
Tadcaster & Villages CEF	
Western CEF	X



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Section one: About your organisation

Q1.1 Organisation name

Sherburn Community Gymnastics Club Ltd

Q1.2 Organisation address

What is your organisation's registered address, including postcode?

Units 8 and 9
Blackburn Industrial Estate,
Sherburn in Elmet,
Leeds
North Yorkshire
LS25 6NA.

Telephone number one

07889 152 580
Simon Marston

Email address (if applicable)

sn_marston@hotmail.com

Telephone number two

07866 315157
Amanda Alderson – Director/Head Coach

Web address (if applicable)

www.sherburn-gymnastics.org.uk

Q1.3 Main contact details

Give us the details of the person in your organisation that is the main contact.

Title	Forenames (in full)	Surname
Mr	Simon Nicholas	Marston
Position or job title		
Coach/ Fund Raising Co-ordinator		



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Q1.4 Organisation type

What sector does your organisation fit into?

Social enterprise	<input type="checkbox"/>
Charity	<input type="checkbox"/>
Voluntary or community group	<input type="checkbox"/>

Other	<input checked="" type="checkbox"/>	Please describe	Not for profit Limited Company being limited by guarantee	<input type="checkbox"/>
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When was your organisation set up?

Day	10 th	Month	October	Year	2007
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Q1.5 Reference or registration numbers

Charity number	N/A
Company number	10538994
Other (please specify)	

If you are an unincorporated association and not registered with the Charity Commission, please tick this box and send us a copy of your governing documents (for example, constitution or set of rules) with your application.

x

Q1.6 Is your organisation VAT registered?

Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>
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Please note that applications cannot be used to support expenditure on VAT reclaimable by the applicant from HM Revenue and Customs.



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Section Two: Grant information or Project Brief (separate document)

Please see the Allocation of Funding Framework and application guidance form to check whether you will need to complete a Grant information form or a Project Brief.

Q2.1 What is the title of your application?

Gymnastic Apparatus

Q2.2 Please list the details of your application (500 words limit)

Sherburn Community Gymnastic Club (SCGC) are applying for funding from Western Community Engagement forum to enable them to purchase gymnastic equipment that will benefit all 418 members of the club. SCGC are requesting funding to purchase 3 Coaching Blocks. See attached Quote.

Coaching blocks have many and varied uses in the gymnastic environment these can be used for gymnasts to practice moves, hold shapes and for core conditioning exercises.

SCGC run a free gym class (free running in controlled gymnastics environment) on a Friday evening primarily although not exclusively for young people both boys and girls to come together and share in a mutual interest in a specific gymnastic activity that doesn't follow traditional gymnastics.

These additional coaching blocks together with our existing equipment will allow the coaches to teach new moves and develop a more varied and challenging training program. Three of the teenage boys from this class have joined our open age display team to add another dimension to our performances.

Coaching blocks also help with many aspect of gymnastics training that require a coach to be at a higher level to support the gymnast safely, for example when a gymnast is on the Asymmetric bars they are more than 2 metres high and when learning a routine will need physical support from the coach.

If successful with our application the coaching blocks will be available for any class, we offer to use benefitting all 418 club members 50 weeks of the year.



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Q2.3 Is there a specific date your applications needed to be funded by?

No specific date

Q2.4 Which two objectives in the specific Community Development Plan will your application meet? (250 word limit for each objective)

Which objective?	How will you achieve this?
<p>Objective 1:</p> <p>Developing Young People Physically and Mentally</p>	<p>Competitive Gymnastics is a physically and mentally challenging sport, core strength and body conditioning is essential. Whilst we accept that not all members aspire to compete we still teach them the important of physical activity, a good nutritional balanced diet and that things are not as scary as they sometimes seem and by facing their fears will hopefully make them mentally stronger.</p> <p>We offer training 50 weeks of the year so no out of season breaks and we are not dependent on the weather as our sport is totally inside. Training programs are devised to suit each individual class taking into account the level of ability and increases as the ability develops. We have club members that have medical conditions and we adjust our training methods to suit each individual's requirements. If we need to offer one to one coaching to enable a child to do gymnastics we will.</p> <p>Our aim is to teach gymnastics in a fun and friendly way so that the members have a good experience with us.</p> <p>We have a number of coaches that are trained in child welfare and safeguarding and all coaches have undergone advanced DBS screening.</p>
<p>Objective 2:</p> <p>Community Togetherness</p>	<p>The community is at the very heart of Sherburn Community Gymnastics Club. Although based in Sherburn In Elmet we have members from surrounding villages and further afield.</p> <p>Our Catterpillar and Butterflies preschool classes bring both children and parents together on a weekly basis for gymnastics which enables them to meet other people engage in discussion and exchange</p>



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	<p>ideas and views.</p> <p>Children make 'Gym' friendships and bonds which continue and grow outside of the gym. Our members are from many areas with different background's but all have a common interest in gymnastics which has no social, ethical or religious barriers, everyone is welcome.</p> <p>As a club we have waived training fees when required to help families who need support, we have also offered sibling discounts for families with multiple children wanting to attend and also offer a pay a you train payment option.</p> <p>We have held two free open days so far to encourage children and families to come and have a go. We have given coaching advice to local school PE departments and have hosted a Women's self defence course which was open to the public as well as hosted a First aid course were members from the local rugby club attended.</p>
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Q2.5 Please outline how the application will benefit the specific CEF area and why there is a need for your proposal? (500 word limit)

About the Club

Sherburn Community Gymnastics Club was formed in 2007 with 56 members by the current head coach Amanda Alderson to provide gymnastics for all children in the local community at affordable rates. The club started training in Gymnasium of Sherburn High School. In 2011 the club expanded and opened at Barlby High School, Selby.

The club has grown over the years and now has a membership of 418 with a waiting list of approximately 30 children. Club members are coached by 13 British Gymnastics qualified coaches. In February 2017 the club secured a 10-year lease for and industrial unit on the Sherburn Industrial Estate and within 6 weeks transformed it from a unit used for engineering to a fully functional gymnastics facility that was officially opened by Olympic medal winning gymnast Nile Wilson. Since we have moved into the new facility we have introduced 13 more classes and have given another 150 children the chance to participate Gymnastics.

Community

Sherburn In Elmet has many clubs within the area offering the usual sporting activities such as football, Rugby, Cricket, swimming and cycling to name but a few. SCGC offers something different that appeals mainly to girls but is open to anybody and is available all year round and is not weather dependent. The gymnasts are all

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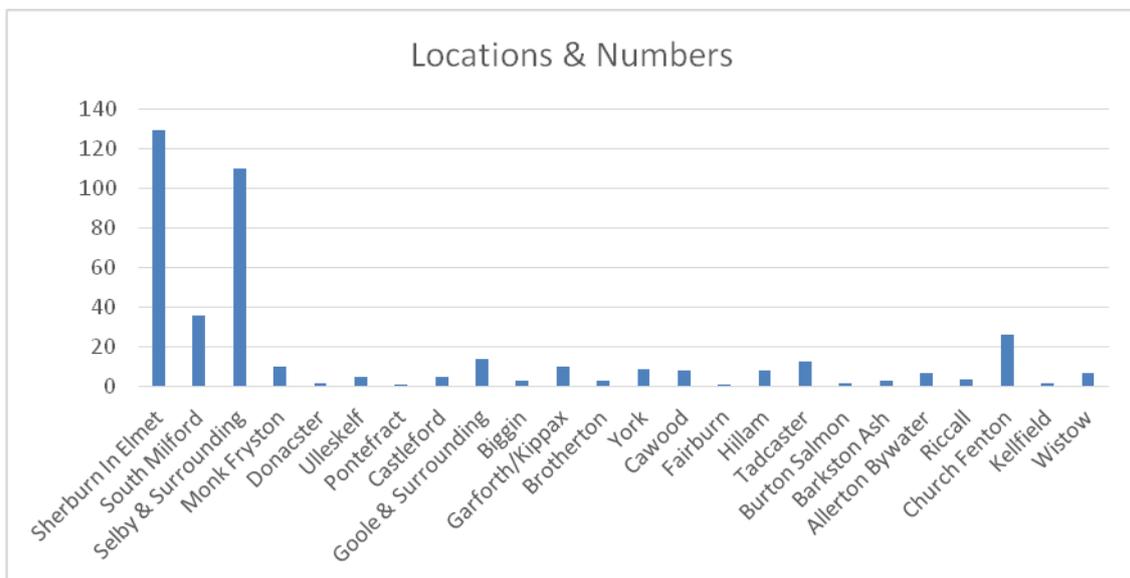
taught that everybody is different they are encouraged to their ability and as part of the coaching process are taught the long-term benefits of healthy eating and physical exercise.

SCGC is committed to providing a safe Gymnastic environment for the local community and communities further afield. Coaches from the club have run term long gymnastics sessions at Riccall Primary School and have held a coaching workshop at Sherburn High School for the PE department. The facility has also been used by the wider community to hold a women’s self-defence and awareness course as well as a first aid course for clubs within the village.

Funds

SCGC was created as a community gymnastics club to make it accessible to all. SCGC have a fee structure that is approximately 20% cheaper than other Gymnastics clubs around. This has its own implications, whilst trying to offer something to all it means that once all the out goings are paid there is little surplus to purchase equipment that the club desperately needs to continue to grow and be able to offer more classes and reduce waiting lists.

SCGC really does make gymnastics accessible to all, we have when required waived training fees for children whose parents were struggling financially until they were able to start payments and have offered reduced payments for families struggling to send siblings to train. The club operate a term/monthly payment scheme but if this is not practical for the family, payments on a pay as you train weekly basis have been offered.





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Q2.6 How much funding are you requesting?

Please provide a breakdown of the different cost elements associated with your application:

Cost Element	Cost (£)
1 x Beemat Gym Coaching Block 2m x 1m x 600mm @ 425.00	425.00
2 x Beemat Gym Coaching Block 1m x 1m x 600mm @ 237.50	475.00
Sub Total	900.00
Less Discount	90.00
VAT	162.00
Total Cost	972.00

Q2.7 Is the total cost of the application more than the amount you are requesting?

Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>
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If yes, where will you get the other funding from and has this been secured?

N/A



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**CENTURION HOUSE
THORNHILL ROAD
DEWSBURY
WEST YORKSHIRE
WF12 9QQ**

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FAX: 01924 468614
E-MAIL: sales@primoplay.co.uk

VAT No: GB 565 659 886

INVOICE TO:
SHERBOURNE COMMUNITY GYMNASTICS CLUB
UNIT 8/9 BLACKBURN INDUSTRIAL ESTATE

SHERBURN IN ELMET
LS25 6NA

DATE: 15/03/2018

QUOTE

PRODUCT CODE	PRODUCT DESCRIPTION	QTY	UNIT PRICE	NETT PRICE
MAT650	BEEMAT GYM COACHING BLOCK 2m X 1m X 600mm	1	£ 425.00	£ 425.00
MAT651	BEEMAT GYM COACHING BLOCK 1m X 1m X 600mm	2	£ 237.50	£ 475.00
			£ -	£ -
			£ -	£ -
			£ -	£ -
			£ -	£ -
			£ -	£ -
Sub Total				£ 900.00
Less 10% Discount				£ 90.00
VAT				£ 162.00
Grand Total				£ 972.00

Primo Play's Ref: Q1473-2018-JH

Your Ref:

Delivery Address Details: *(if applicable)*

AS INVOICE

Special Instructions: *(if applicable)*